

The Words of Our Mouth

From: Sister Loveline | To: My Beloved Sisters in Christ, The Pastors' Wives

Good morning to everyone. Today we gather our hearts to meditate on a vital truth for our ministry and homes: **"The Words of Our Mouth."** As pastors' wives, our words are heard in two vital spheres — **in the pastor's house** and **in the church**. Because of our closeness to the Lord's servant, people listen to us closely. God desires that our mouths be a constant **fountain of life**.

FOUNDATION SCRIPTURES

Psalm 19:14

"Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O LORD, my strength, and my redeemer."

James 3:2–10 (Selected)

"If any man offend not in word, the same is a perfect man, and able also to bridle the whole body... Behold, how great a matter a little fire kindleth! And the tongue is a fire, a world of iniquity... Therewith bless we God, even the Father; and therewith curse we men, which are made after the similitude of God. Out of the same mouth proceedeth blessing and cursing. My brethren, these things ought not so to be."

Ephesians 4:29

"Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers."

1 Our Words Reveal Our Heart

Scripture: "A good man out of the good treasure of his heart bringeth forth that which is good; and an evil man out of the evil treasure of his heart bringeth forth that which is evil: for of the abundance of the heart his mouth speaketh." — **Luke 6:45**

What we speak when we are tired, hurt, or under pressure directly reveals what is stored inside our spirit. When we are squeezed by life's difficulties, what is truly within us spills out.

THE TEA BAG (LIPTON) ILLUSTRATION

When you look at a tea bag, it seems like dry leaves wrapped in paper. But when you immerse it in **hot water**, the heat exerts pressure that forces the true flavor and color of the tea out into the cup. In the same way, **heat and pressure in life reveal our heart**. If our heart is filled with God's goodness, trial brings forth grace and calm prayers; if evil or bitterness resides within, pressure brings forth cursing and harsh words.

When you come home after a very difficult Sunday service—perhaps a day filled with church discipline, tears, or confrontation—how do you react? Do you allow pressure to make you wild, complaining, and bitter? Or do you remain calm in spirit, casting your cares upon God and encouraging your husband that God's timing is best?

PERSONAL HEART CHECK:

- **Ask God to cleanse your heart daily** so that only good treasures dwell within.
- **When feeling squeezed or tired:** Carry your worries directly to God in prayer rather than letting sharp words hurt those around you.

2 Our Words Carry Power: Life and Death

Scripture: *"Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof."* — **Proverbs 18:21**

As a pastor's wife, your speech possesses strong creative or destructive power. **Your words can build your husband up or break him completely.** You can heal a wounded church member or leave them scarred for years.

Two Vital Visuals to Remember:

- **The Toothpaste Principle:** Once toothpaste is squeezed out of the tube, it can never be pushed back in. Words once spoken cannot be unsaid; we must handle them with extreme care.
- **The Matchstick Principle:** A single tiny match can light a warm lamp that brightens a whole room—or it can set an entire forest on fire! So is the tongue: a small member capable of starting huge fires of conflict.

REFLECTIVE QUESTIONS:

- **Can I remember a specific time my words gave fresh life and courage to my husband?**
- **Have I spoken death through complaining or gossip?** Is there anyone I need to ask for forgiveness today?

3 Our Words in the Pastor's House: The First Church

Scripture: *"She openeth her mouth with wisdom; and in her tongue is the law of kindness."* — Proverbs 31:26

The pastor preaches to the congregation on Sundays, **but his wife preaches to him daily at home.** Your sincere encouragement after a heavy, discouraging service is often more powerful than ten loud "Amens" from the congregation!

When your husband returns home discouraged or tempted to quit, stay tall beside him. Say: *"God is still with us, my husband. Don't be discouraged; God knows why and He will complete His work."* Never join him in his discouragement; if both of you sink into despair, who will uplift the family?

PRACTICAL WEEKLY COMMITMENT

Make it a habit every single week to say to him: **"I thank God for your faithful preaching today. That message was a real blessing to my heart."** Even if no one else thanks him, your appreciation will anchor his heart. Also, lead by example in church: sit attentively, take notes, and teach your children to sit quietly with you during the sermon.

4 Our Words in the Congregation: A Covering, Not Gossip

Scripture: *"A talebearer revealeth secrets: but he that is of a faithful spirit concealeth the matter."* — Proverbs 11:13

In ministry, members will trust you with their deep secrets, hurts, and struggles. **You must be a safe vault, not a broadcast station.**

APRONS WITH DEEP SECRET POCKETS

Pastors' wives need to wear spiritual **aprons with deep pockets**—secret chambers in our hearts where we keep confidences. When sisters share their burdens, put them in your secret pocket and pray for them in private. Never turn a secret prayer request into public gossip under the guise of "asking for prayer."

CHECK YOUR INTEGRITY:

- **When someone complains to me about another member:** Do I spread the story further, or do I encourage peace and pray?
- **Am I known as a safe, discreet woman?** Do members know they can confide in me without fear of public exposure?

5 Our Words Seasoned with Grace

Scripture: *"Let your speech be always with grace, seasoned with salt, that ye may know how ye ought to answer every man."* — **Colossians 4:6**

Having godly speech is not just avoiding bad words; **it is about speaking truth in a gracious, gentle, and seasoned manner.**

Whether you are coordinating church events, leading women's ministry, organizing cooking for conferences, or managing home affairs, let your tone be pleasant and filled with heavenly salt. Graceful speech brings healing, diffuses tension, and reflects the loving character of Christ.

OPENING & CLOSING PRAYER FOR OUR HEARTS

*"Heavenly Father, we thank you deeply for the reading and meditation of Your Word today. We pray, O God, that You bless these truths in our hearts. Cleanse our hearts of all bitterness and evil treasures. Teach us to bridle our tongues and make our mouths true fountains of life, grace, and encouragement — both in our husbands' homes and in Your holy church. Draw us closer to You today and glorify Your name through our words. In Jesus' mighty name, we pray. **Amen.**"*

Prepared with love by Sister Loveline for all beloved Sisters in Christ & Pastors' Wives.

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