

THE WORDS OF OUR MOUTH

Devotional Quiz for Pastors' Wives

Cameroon Bible Fellowship



INSTRUCTIONS

- Read each question carefully and select the best answer (**A, B, C, or D**).
- Check your answers against the **Answer Key & Explanations** table at the end.



QUIZ QUESTIONS

1. According to Psalm 19:14, what two things do we ask to be acceptable in God's sight?

- **A)** Our church attendance and offering
- **B) The words of our mouth and the meditation of our heart**
- **C)** Our cooking skills and hosting ability
- **D)** Our Sunday best clothes and modest appearance

2. Which tiny vessel or item does James chapter 3 compare to the tongue's ability to steer a large body?

- **A)** A fishing net
- **B)** A needle and thread
- **C) A small helm (rudder) on a large ship**
- **D)** A wooden spoon in a big pot

3. In Luke 6:45, where do the words of our mouth ultimately come from?

- **A)** Whatever news we heard on WhatsApp this morning
- **B) The abundance of our heart**
- **C)** The tiredness of our body
- **D)** The actions of our church members

4. Sister Loveline uses a Lipton tea bag illustration to explain life's pressures. What represents the pressure that forces what is inside us to come out?

- **A) Hot water / Heat**
- **B)** Cold milk
- **C)** Extra sugar
- **D)** Stirring it with a spoon

5. When you return home after a hard Sunday with church discipline and tears, what should a godly pastor's wife do?

- **A)** Go wild, complain, and curse the difficult members
- **B) Stay calm in spirit, cast your cares on God, and encourage your husband**
- **C)** Cook a light meal and refuse to talk to anyone until Tuesday
- **D)** Lock the front door and tell everyone you are officially on strike

6. Proverbs 18:21 states that two specific things are in the power of the tongue. What are they?

- **A)** Happiness and sadness
- **B) Life and death**
- **C)** Wealth and poverty

- **D) Peace and war**

7. Why are spoken words compared to toothpaste squeezed out of a container?

- **A) They leave a fresh minty smell everywhere**
- **B) Once they are out, they can never be pushed back in**
- **C) They are easy to clean up if you make a mistake**
- **D) They only work well when applied twice a day**

8. How is the tongue like a single stick of match?

- **A) It only lasts for five seconds**
- **B) It lights a warm lamp for the house or burns down an entire forest**
- **C) It gets wet easily and stops working when it rains**
- **D) It is only useful when cooking in the kitchen**

9. When a husband in ministry feels discouraged and considers leaving the pulpit for secular work, how should his wife react?

- **A) Tell him, "Finally! Go get a job so we can buy a new car!"**
- **B) Join him in complaining and crying all night**
- **C) Stand tall, encourage him, and remind him that God is still with you**
- **D) Pretend you didn't hear him and go to sleep**

10. Sister Loveline notes that the pastor preaches to the church on Sundays, but where does the wife preach to him?

- **A) In the church committee meeting**
- **B) Daily at home**
- **C) Through text messages during the service**
- **D) Only when they are traveling**

11. What powerful habit is suggested for a wife to do every single week after church?

- **A) Critique her husband's preaching points and point out grammar errors**
- **B) Say, "Thank you for your faithful preaching; that message blessed my heart."**
- **C) Ask him immediately how much money was collected in the offering**
- **D) Remind him of all the chores waiting for him at home**

12. What should a pastor's wife do while her husband is preaching from the pulpit?

- **A) Walk up and down outside checking who arrived late**
- **B) Sit attentively, take notes, and listen to the message**
- **C) Chat quietly with the sister sitting next to her**
- **D) Check her phone to see if the Sunday stew is burning**

13. What advice is given regarding managing young children during the church service?

- **A) Use the baby as a good excuse to sit outside for the entire sermon**
- **B) Let the children run around freely so they don't get bored**
- **C) Train your children to sit by you and listen, without letting them**

dictate your attendance

- **D)** Send them to the pastor's office to play during preaching

14. According to Proverbs 11:13, what marks the difference between a talebearer and a person of a faithful spirit?

- **A) A talebearer reveals secrets, but a faithful spirit conceals the matter**
- **B)** A talebearer speaks quickly, while a faithful spirit speaks softly
- **C)** A talebearer preaches long sermons, while a faithful spirit prays silently
- **D)** A talebearer stays home, while a faithful spirit goes to church

15. What visual illustration is used for pastors' wives to keep members' confidential struggles safe?

- **A)** Iron strongboxes with giant padlocks
- **B) Aprons with deep secret pockets**
- **C)** Wooden chests buried under the house
- **D)** Sealed envelopes with red wax

16. What does it mean to "broadcast a matter in the market square"?

- **A)** Buying a loudspeaker for street evangelism
- **B) Taking someone's private prayer request and sharing it around the quarters**
- **C)** Setting up a church banner in the center of town
- **D)** Selling spiritual books at the market on Friday

17. If a member comes to share a confidential struggle or complaint with you, what is the best spiritual approach?

- **A)** Call three other sisters immediately to start an emergency gossip group
- **B) Keep it in your heart's secret pocket, talk with the member directly if needed, and pray**
- **C)** Announce it as a general prayer topic during the next women's meeting
- **D)** Tell your husband to preach against that specific sin next Sunday

18. Ephesians 4:29 instructs us that no corrupt communication should come out of our mouth, but only that which is:

- **A)** Loud enough for everyone in the back row to hear
- **B)** Short and direct without extra words
- **C) Good for edifying and ministering grace unto the hearers**
- **D)** Approved by the church board in advance

19. According to Colossians 4:6, how should our speech be seasoned?

- **A)** With pepper and ginger
- **B) With grace and salt**
- **C)** With humor and jokes
- **D)** With silence and reservation

20. When leading church activities like conference cooking or women's projects, what should characterize a pastor's wife's words?

- **A)** Harsh commands to make sure the food is ready on time

- **B) Gracious and pleasant words filled with heavenly salt**
- **C) Complete silence so no mistakes are made**
- **D) Directing everyone while sitting down like a general**



ANSWER KEY & EXPLANATIONS

Question	Answer	Key Insight
1. Psalm 19:14	B	Words & Heart: Both must be acceptable in God's sight.
2. James 3:4	C	Small Helm: A tiny rudder controls a massive ship.
3. Luke 6:45	B	Heart's Abundance: What fills the heart overflows from the mouth.
4. Tea Bag Illustration	A	Hot Water: Life's pressures bring out what is truly inside us.
5. Hard Sundays	B	Pillar of Peace: Stay calm, pray, and encourage your husband.
6. Proverbs 18:21	B	Life & Death: The tongue holds immense power.
7. Toothpaste Illustration	B	No Recall: Spoken words can never be taken back.
8. Matchstick Illustration	B	Warmth or Fire: Small words can warm a home or burn a town.
9. Encouragement	C	Stand Tall: Support your husband to stay faithful in ministry.
10. Daily Preaching	B	At Home: You preach to your husband daily through your actions and words.
11. Weekly Habit	B	Affirmation: Thank him faithfully for his sermon each week.

12. During Service	B	Attentive Listener: Set the example by sitting, listening, and taking notes.
13. Managing Children	C	Train Children: Keep them close without letting them keep you out of service.
14. Proverbs 11:13	A	Conceal Matters: A faithful spirit guards confidences.
15. Pocket Illustration	B	Deep Apron Pockets: Store confidences safely in your heart.
16. Market Square	B	Gossip Warning: Sharing private requests around the quarters is harmful.
17. Member Struggles	B	Safe Vault: Pray, keep confidences private, and offer grace.
18. Ephesians 4:29	C	Edify & Minister: Speak only what builds up and ministers grace.
19. Colossians 4:6	B	Grace & Salt: Season your speech with heavenly wisdom.
20. Project Leadership	B	Gracious Words: Lead kitchen and ministry projects with grace.